

Sign up to become a Member!

Name(s): _____

Address: _____

Tel: _____

Email(s): _____

Payment: _____ (please check)

- ◇ Full Share (\$600)
- ◇ Half Share (\$350)
- ◇ Equity Share (+)

All cheques can be made out to "SunRoot Farm"



SunRoot Eco-Solidarity Association

Our association is a dynamic community-based non-profit which facilitates awareness in environmental stewardship, social justice, and community development. This is achieved through advocacy, education, partnerships, and a working model of sustainable agriculture and community living.

In our **Community Voice** program we seek to provide fresh, healthy food for families on fixed incomes in East Hants County. People involved in the program receive a weekly CSA share and meet regularly for workshops. Funding is provided by the East Hants Community Health Board.



SunRoot

SunRoot



SunRoot Farm and Eco-Solidarity Association

3101 Highway 236
R.R. # 1
Kennetcook, Nova Scotia
BON 1P0

Tel: (902) 632-2497
Email: steve@sunroot.org
Web: www.sunroot.org

Community Shared Agriculture (CSA)

Greetings from

SunRoot Farm!



We are in our 9th year of producing fresh, local, organic vegetables to customers through our CSA and continue to be the longest running CSA in the Maritimes.

CSA is a mutually beneficial relationship between farmers and members of the community that value organic produce.

CSA members receive a wide variety of organic food delivered to a central Halifax location (Windsor/Willow). In this way, we (farmers) have a guaranteed market and you (the member) has a relationship with the people who produce your food.

Advantages of a CSA:

- A wide variety of local, fresh, affordable, organic food;
- A direct, personal relationship with the people who produce your food;
- Food travels less distance. This means fresher food and less packaging contributing to a healthy environment;
- A fair price for both growers and customers. Food dollars stay in the local economy;
- Healthy soil, healthy people, and healthy communities!



To purchase a share contact us by email or send in the attached form. Shares are limited, so contact us soon! Member Shares are delivered once a week for 16 weeks from late June to mid October.

- Full Produce Shares: \$600 with weekly produce quantities suitable for 3-4 people.
- Half Produce Shares: \$350 with weekly produce quantities suitable for 1-2 people.
- Equity Share: for people able to pay more to support SunRoot projects for low-income families